

Make a Jingle Bell Scrunchie

Encourage your child's fine motor skills and body awareness with this fun holiday toy.



Supplies:

- Red or green hair scrunchie
- 2-4 9 mm. jingle bells
- Sewing needle and thread

Directions:

To make this sensory toy, sew two to four jingle bells securely to a red or green scrunchie.

To use the scrunchie, you can wrap the scrunchie around a bottle or cup to add visual contrast or encourage your child to reach for and hold their drink. You can also wrap the scrunchie around a small toy.

Your child can also wear the scrunchie on their wrist or their ankles. When they move their hands or feet, the bells ring, teaching simple cause and effect and body awareness. When your child pulls off the scrunchie with the opposite hand or reaches for the scrunchie when it's on their feet, these motions develop your child's fine motor skills.

Finally, try playing a game out of ringing the bells. You could say to your child, "Can you shake the bells above your head? Shake them up high! Now, can you shake them low? Jingle, jingle. I hear your ringing the bells!"