

“All About Me” Books

Create a snapshot of your child that you can share with other providers, family members, or your child’s school support team.



How do you describe your child to others? What do you want other providers, family members, or your child’s school support team to know about your child? You can create a snapshot of your child that you can share with others with an “All About Me” book. Think of it as a “quick guide” to your child. You can publish an “All About Me” book on your computer like the one above or make a simple one-page profile. The possibilities are endless!

The book or one-pager should include your child’s name and their photo and the names of other family members who support your child. Here are some other sections you might consider:

- What people love about my child
- How to communicate with my child
- The best ways to support my child
- Things that my child loves and things that they find stressful
- How to help my child learn
- How my child lets others know how they're feeling
- Important medical information, in case other people are taking care of my child

If you make a simple, one-page profile, you can post it in your home so everyone who cares for your child can see it, or you can take it to your child's day care or school setting. And, you can always update it as your child learns and grows.

Here is an example of what an A Shared Vision family created with a one-page template. You can download the blank template [HERE](#).

