



A Shared Vision

Partners in Pediatric Blindness and Visual Impairment

Ring the Bells!

Put to music, finger plays are a fun way for children who are blind or visually impaired develop language by increasing vocabulary, learning the sounds of words and hearing rhythm.

To make the mittens, all you need is a pair of children's stretchy gloves (\$1 a pair at dollar stores), assorted jingle bells found at most craft stores, hot glue sticks and a glue gun.

- Apply a generous dab of glue to the fingers of the mitten.
- Press a bell to each finger and hold in place until dry and secure.
- Put on the mitten and sing to your child while waving your fingers.
- Avoid putting your fingertips too close to your child's mouth since the bells can be a choking hazard.





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Here are three songs - in English and Spanish - to celebrate the holidays!

Five Little Bells

Five little bells
Hanging in a row.
The first one said
Ring me slow.
The second one said
Ring me fast.
The third one said
Ring me last.
The fourth one said
I'm like a chime.
The fifth one said
Ring us all one at a time!

Cinco Campanitas

Cinco campanitas
Colgando en una fila.
La primera dijo
Suéname despacio.
La segunda dijo
Suéname rápido.
La tercera dijo
Suéname última.
La cuarta dijo
Soy como un timbre.
La quinta dijo
¡Suénnos a todas una a la vez!

Ring the Bells

(sung to the tune of Row, Row, Row Your Boat)

Ring, ring, ring the bells,
Ring them loud and clear.
To say to people everywhere
That Christmas (wintertime) time is here!

Tocalas Campanas

(Con el ritmo de Row, Row, Row Your Boat)

Suenen, suenen, suenen las campanas,
Suénnelas fuerte y claro.
Para decirle a la gente en todas partes
¡Que la Navidad (invierno) está aquí!

Jingle, Jingle, Little Bells

(sung to the tune of Twinkle, Twinkle Little Star)

Jingle, jingle little bell,
I can ring my little bell.
Ring it high,
Ring it low,
Ring it fast,
Ring it slow.
Jingle, jingle little bell,
I can ring my little bell.

Suena, Suenala Campana

(Con el ritmo de Twinkle, Twinkle Little Star)

Suena, suena campanita,
Puedo sonar la pequeña campanita.
Suénala fuerte,
Suénala bajo,
Suénala rápido,
Suénala despacio.
Suena, suena campanita, Puedo sonar la
pequeña campanita.